

A pulleys travel upwards/downwards and is fully adjustable to various positions and levels. A pull-up and chinup bar gives an extra feature to the station. Additional accessories can be attached to this unit to perform multiple exercises. The Jerai Fitness Cable Cross Over provides a dual weight stack of up to 165 lbs. each.



CABLE CROSS OVER-ADJUSTABLE JNRMP-7030

DIMENSION:

Length: 162 inches / 411 cms Width: 39 inches / 99 cms Height: 90 inches / 229 cms Weight Stack: 165lbs / 75kg

X 2 Stack

MUSCLE WORKED: Full Body



